

Warm Greetings Everyone,

I am in the sunset of my teaching, though I will continue to offer Private Intensives. Below, I address some questions that have come up. But first, some context.

During these intense times, your inner Stillness practice will unite you with the Silent Partner (see p. 3). To paraphrase Becker: biodynamic osteopathy ends when you surrender to Dynamic Stillness. Once infinite stillness implodes within, you begin a post-biodynamic path. Post-biodynamics, by definition, is a personal spiritual journey that evolves consciousness so you can realize ever-deepening degrees of Wholeness.

For eighteen years, Stillness Touch Master Classes have evolved the post-biodynamic journey. This confuses non-osteopaths who mistakenly believe that the post-biodynamic neutral, which is Sacred Repose, is the same as their tadpole neutral (see Chart p. 5). Post-biodynamics is distinguished from biodynamics the moment *you* supra-personally surrender to Stillness (Becker). A post-biodynamic neutral is a depth of surrender called Sacred Repose that allows the infinity of Dynamic Stillness *inside* you. Biodynamics leads to supra-personal surrender *if* you take a personal leap of faith and inwardly dive into the infinite black Stillness that dwells within your body. **NOTE:** Any teacher who declares "*you can go too far within*" is spreading false information: with the practice of pratyahara, you dwell in inner infinity, how far within is that?

Where To Take Charles' Master Classes? With no more USA classes, Daniel agreed to organize Basel classes through 2028. So, you can take Basel Master Classes.

How Do I Complete All Three Basel Master Classes?

1. Take Master Class 1 & Master Class 3 in 2026, and Master Class 2 in 2027.
2. Take MC 1 in 2026, MC 2 in 2027, and MC 3 in 2028.

Immersion Course: A Stillness Meditation Intensive — a review of all Master Classes to deepen your commitment to post-biodynamics, accompanied by a new Study Guide.

Basel Master Class and Immersion Schedule:

- **2026** — MC 1 & MC 3: MC 1 September 17–20 | MC 3 September 24–27
- **2027** — MC 2 & Immersion (*Intensive Meditation & Review of MC 1–3*)
- **2028** — MC 3 & Immersion (*Intensive Meditation & Review of MC 1–3*)

Can I Take Stillness Touch At Other Schools? No matter what teachers claim - even if they trained with me - you will **not** learn post-biodynamics. You'll learn their "version" of biodynamics as an ascending journey, but not the descending path of Stillness Touch. Only Legacy Teachers listed on my site offer Stillness Touch.

Please write if you have any questions.

With Love,
Charles

Silent Partner

Dr. Becker, can you talk about what you call the “Silent Partner”?

Well, if I talk about it, that isn't what it is. One can only say that the pure “I” that represents me, is my Silent Partner. It is the same Silent partner as yours, the same Silent Partner that is in this room, and the same Silent Partner in the insect I saw walking around. It's all the same Silent Partner, and accepting and surrendering to it, has to become a conscious experience. The Silent Partner is not anthropomorphic (humanized) - it is itself. It has to be made a conscious awareness or knowing, but the second you've got something that you can put your mental, intellectual finger on, that isn't it. But still, it (Silent Partner) is something that is.

The Silent Partner can deliberately be contacted on a one-on-one basis. Why and how it works, I don't know, and if I did know, that wouldn't be it. It's easier to demonstrate than it is to talk about. Right now, I'm going to contact my Silent Partner, and while keeping an awareness of mine (Silent Partner), I automatically contact yours. Now, I'm going to quit. If I contact yours, and then quit contacting yours, I haven't changed it one way or the other. But this is more than an ordinary contact. Can you feel the difference? It is instant communication, and everything that you are aware of is not it.

Through its transmutation, it (the Silent Partner) has aroused a bio-electrical potential, and I am aware of the system being worked in your body (patient on the table). I am not aware of what is working in your body. I am not aware of the exact details, but I am aware of something going on within you because it has been activated. By what? The only source of power there is - the Cause. I contact the Cause first. Why do I contact the Cause first? Because I also am the Cause. If you are going to be a patient of mine - and I can for the short period of time you're going to be with me - why can I not play with the Boss, instead of playing with the secretary?

When you have contacted a patient in this way, you have not taken on the responsibility for that person with that contact (with the Silent Partner). Rather, you are simply trying to say (without using words) to the individual patient “Look, Boss, you're already Boss in that area, and I know that when you do your work, you're going to do it just exactly the way you want it done. Now I would like you to wake up and do that work, although I'm not going to sit here and watch you do it”

I approach it this way, because your Boss is far more knowledgeable and efficient than I am for whatever problem you've come to me for. I've aroused its antennae, and I'm asking it to go to work. But I'm not going to dictate how it's going to do its work, and it isn't up to me to sit there and watch it, or concentrate on it. The quicker you can get away from it and just go back to pure surrender, the better.

All right, let's take this one step further. I contact my Silent Partner, then I naturally contact yours, and I'm going to surrender to it. Something happens right? There's a difference. All of sudden, you have the same process working for you and I've lost my

responsibility for it. It's working, and now it's my job to get in there and do what I've got to do (apply contacts). See? You can talk about it, but there's nothing to talk about.

One thing you have to get over is idea of relating to problems. Just like when we said the body (anatomy) isn't the point, it's also the case that disease is not the point. If you relate to problems, or you think about things in terms of problems, then all you've got are problems. All you have is one effect on top of another effect. You never get to the cause so forget about problems.

The Silent Partner *is* and that's all there is to it. So why not call it to action? When you get to talking about how to activate it, I have given you the simplest answer that there is to give, and I haven't any more idea when I'm contacting mine what I'm contacting, than I know about the man in the moon. Because if I did know, then it wouldn't be the Silent Partner. That would be making it a part of the same limited-effect that everything else in our mind can touch.

I'm contacting it and surrendering to it - it's as simple as that.

If you make it any more complicated, you're dead - nothing will happen. That's all there is to it. That's what A T Still is talking about when he says "God - of the mind of nature." That's what he is referring to.

Question: So, it seems like part of our job is to open to that, to surrender to God?

Actually, it boils down to what do you surrender to in *now*? Your Silent Partner is a fulcrum point; it's absolutely still. There's not energy in motion in the Silent Partner, none. It's all energy, but it's not a motion. Actually, it is the source of energy, the state from which energy comes. It isn't energy in motion, it's just pure potency, omnipotence. There is no motion, and yet it's all motion. It just *is*, and you surrender to it. Sense the stillness that has developed in this room. It's the same stillness. Can you feel it? It's all the same stillness, and you can feel it, but it's not something that you work at. If you work at it, you're missing it. It's living stillness that our conscious awareness can be aware of. This conscious awareness is with our big mind (Unborn Buddha Mind), not our little mind.

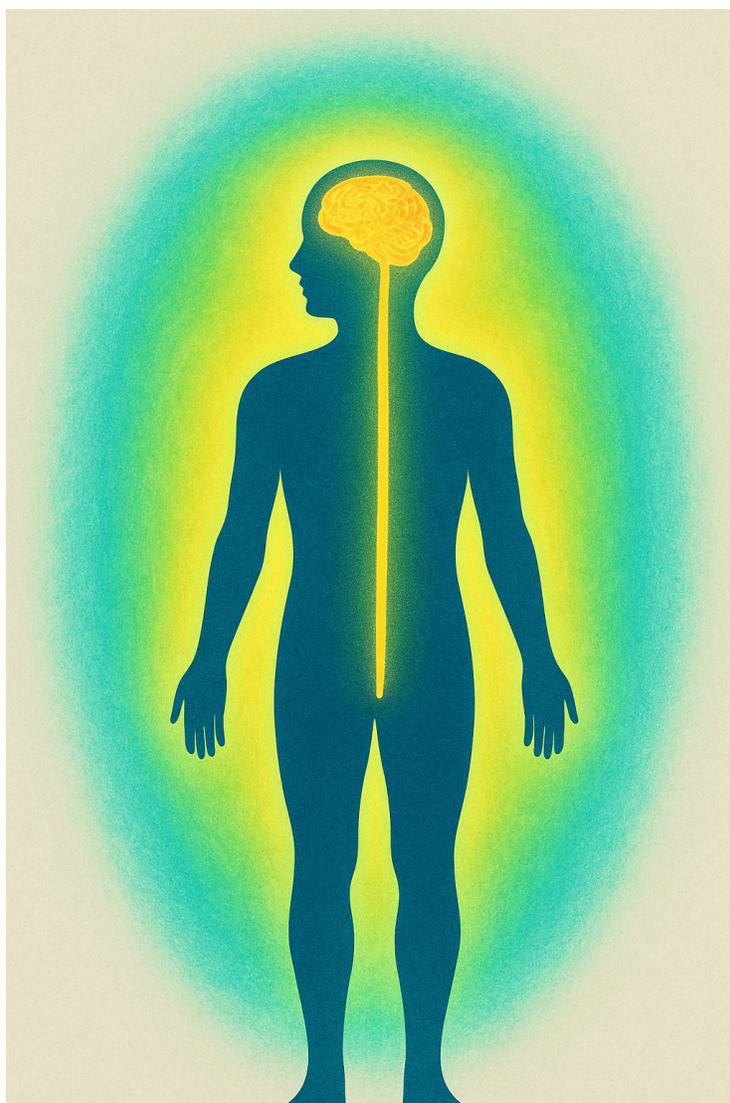
Awareness (Being Present) is the acceptance of something.

While this may sound esoteric, it is a tangible experience. Once in a while when I'm working with patients in my office, you can take the stillness in that room, cut it with a knife, and make an igloo out of it - it gets that quiet. What brings it on? I haven't any idea, and who cares? It is there to meet the need for something that going on for that particular individual. Where it comes from and where it disappears to is not important. It's a way of life, a way of life with a capital "L" So that's what it is. Don't make it complicated.

You can contact your own Silent Partner right now, and then you are automatically in contact someone else's, and then surrender.

Everybody can do it; we all have the same source. It is possible to learn to live in the "Presence," as Joel Goldsmith calls it, 24 hours a day. But, we're always forgetting, being distracted by the world we're walking around in. But it's possible, in spite of the fact we're walking through this world, to always to be in constant surrender to this thing you just made contact with. It's simply a matter of continuing to surrender as a conscious awareness experience, and it gets to be a habit. It is practically impossible for us to do this always because we're human being and live in this world. I get tired, and while I'm driving home, someone cuts me off and I get mad. So, it's hard to do it, but it's as simple as that - a conscious, personal, even super-personal surrender to this stillness that's part of our being. This is where osteopathy ends, and spiritual healing and the private domain of Faith begin.

~ Rollin Becker *The Stillness of Life* Rudra Press p 28-31.



Functional Neutral: Envelopes The Tadpole - CSF, Brain, & Spinal Cord
Biodynamic Neutral: Envelopes Tadpole, Whole Body, & Auric Field
Functional & Biodynamic Neutrals Are Two States Of Consciousness