PERCEPTUAL STATES

Intellect 8-14 CPM	Intuition 2-3 CPM	Instinct 1/2 CPM	Divine "Still"	
Mind is facilitated.	Natural mind.	Attention is moved by the long tide. It breathes.	Oneness	**Divine**
Mind is full of thoughts, noisy, lesion oriented	Mind quiets easily but one is vulnerable to habits.	Evolutionary Mind.	No "other", separation disappears.	**Moving**
Rational format, find lesion and resolve it.	Intuitive skills evolve but vulnerable to emotions. Intention is upon healing.	Emotions replaced by Virtue, i.e. Compassion without Empathy.	The Mystery is evident.	**Warmth**
Emotionally unstable.	Empathy is a challenge; fluid priority is clear.	Instinctive awareness of Greater Mind with Intention to follow another will.	Awe, and stability.	**Around**
Sensitivity fluctuates.	Sensitivity presents but can be undisciplined.	Sensitivity is extrasensorial and not limited by one's intention.	One "sees" the interplay of spontaneous change. One is not participating. All faculties are "still".	**You**
Breathing is not synchronized with other rhythms, ("thoracic" or forced abdominal). Variable CNS motion.	Breathing begins "low". Ascends; quiet. Brain quiets, centers.	Synchronization of breathing with Tide. Brain is moved by long tide.	Dynamic Stillness.	**In You**
Observer is fixed on goal. Intentions are fixed.	Observer is less fixed, balanced but vulnerable to interpretation and labeling of patient's state.	Observer holds still, quiet, ready to help, only in "Space"; no locale defined.	Communion of mind.	**For You**
Attention focal.	Attention shifts with fluid; R.E.M. possible.	Beyond R.E.M.; lucid consciousness.	The dream emerges into reality through veil.	**One Is**
Time is paced by goals -- "harried".	Time is more "fluid".	Time Reverses.	Forever still.	**Created**
Memory is knowledge.	Memory is more liquid but opaque.	One remembers origin, clearly.	Sense of Love, Wholeness in all life.	**In Now**