

Ascending Biodynamic Tidal Journey

BE STILL AND KNOW I AM

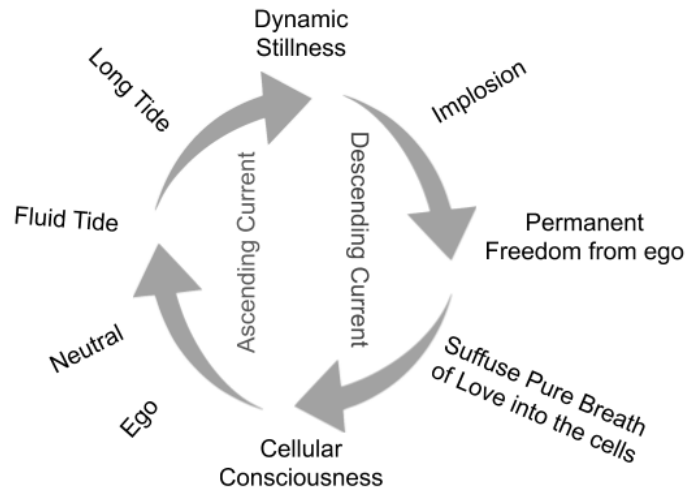


Figure 2. Summary of the Realizations Along Your Meditative Journey

Descending Non-Tidal Post-Biodynamic Journey

BE STILL AND KNOW I AM LOVE