

Master Class Correspondence Course

To accommodate anyone with travel restrictions, you can enroll in a Private Intensive as an old fashioned, personal 6-Module Correspondence Course.

Module Topics and Subtopics:

1. The Fundamental Disposition of Neutral

Neutral is a State that Frees Consciousness

Free Attention spontaneously moves with the Breath of Life and Pure Breath of Love

Impediments block free attention, hinder the flow of life, and recoils love (Eros) in the body.

2. Practitioner Recoils that Prevent Neutral

3. *Stillness Practices*

Exercises that Strengthen the Will

Stillness Practices

Ascending Stillness Practices free Consciousness from the Ego's Narcissism

Descending Practice Brings Consciousness into the Flesh and Restores Wholeness

4. Cranial Practice History, Philosophy, Boundaries, and Evolution

Pre-Biodynamic: Biomechanical and Functional

Biodynamic: Neutral, Tides as an Ascending Current of Consciousness, Dynamic Stillness

Post-Biodynamic: Dynamic Stillness Descends into the cells - Pure Breath of Love emerges

5. Grail Journey

Navigating the Core Erotic Wound (Grail Wound)

By-Passing The Grail Journey:

Enquiry into Tides

Stillness as Bypass

Co-dependance on the Teacher

6. Stillness Touch

Spiritual Traditions

Inner Body Breathing at the SA Node of the Heart and the Pelvic Floor

Books:

1) *Stillness Biodynamic Cranial Practice and The Evolution of Consciousness*

2) e-Book: *Stillness Practices for Practitioners*

3) *Stillness Touch Union of Body & Love*

MP3:

1) *Fundamental Disposition*

2) *Meditation*

Articles:

1) Potency

2) Prague Interview

3) The Myth of the Biodynamic Model of Osteopathy in the Cranial Field

Craniosacral Podcast # 68 Death of Biodynamics