

Stillness Touch Union of Body and Love

This class covers the major aspects of the new book, Stillness Touch Union of Body and Love.

Course Topics:

- Stillness Touch as a Spiritual Journey
- Functions of the Ascending and Descending Spiritual Currents
- The Importance of Neutral
- Twelve Common Practitioner Recoils that Prevent Neutral and Impedes Pure Breath of Love
- Stillness Practices
- Integrating the Grail Wound: The Most Difficult Navigation We Face
- Overview of Pre-biodynamic, Biodynamic, and Post-biodynamic Practices
- The Spiritual Traditions, the Heart's Self-Existing Radiance, and Stillness Touch
- Philosophers and Spiritual Teachers who Influenced Dr's Still, Sutherland, and Becker

Required Reading: *Stillness Touch Union of Body and Love*