

## Face Your Grail Wound and Open Your Body to Love

We will explore the descent of consciousness (*Shiva*) into your cells that unites body with Love (*Shakti*). But first, we have to navigate the shadow hidden in us that prevents the embodiment of Pure Consciousness before it naturally unites with Universal Love *in the body*.

If we can be present to *feel* the deepest intensity of our shadow, it transmutes to unwavering *presence*. With a strong *presence* we can face, recognize, accept, be with, open to, unite and identify with our core shadows of the *Core Erotic Wound*, or *Grail Wound*.

### Core Erotic Wound

The *Core Erotic Wound*, or *Grail Wound* is the most painful event of our life. It is the first traumatic event at an early age that abruptly separated us from our Eros, which is the pulse of love in our body. The onset of the *Core Erotic Wound* fragments our consciousness, and creates our personality structure that becomes a separating sense of self (ego) that defends against Wholeness. Ego imprints in us a deep hidden terror that recoils from a bodily union of Pure Consciousness with Universal Love. This unconscious recoil occurs because ego is terrified of opening to Love for fear we will be retraumatized and we will again feel the unbearable pain of our *Core Erotic Wound*. This is the terror of the ego that prevents the evolution of consciousness.

The *Core Erotic Wound* creates emotion-laden body armor that distributes its patterns in the body. The patterns become defensive behaviors that control our Eros and prevent it from expressing. Eros is used by the ego to feed its narcissism through projection onto others who become objects that we 'get' from for selfish gain. When selfish narcissistic behaviors manifest in us, it indicates that the *Grail Wound* is in control of our will. When our will is controlled by the *Grail Wound*, it is called *snake*. When *snake* is in charge of the will, it implies a misuse of the sacred power of *Kundalini*, which is the creative, generative force within Chakra 2.

The Grail Question is, "*For whom does the Grail serve?*" And *Snake* answers, "me."

### Snake

*Snake* misuses Eros to do the ego's bidding, which is the opposite of the Buddhists *right use of will*. When *snake* controls the will, it manipulates our personal *Kundalini*,

*Shakti*, or *Eros*, to ‘get’ from others. *Snake* uses subtle forms of control, manipulation, charm, charisma, seduction, tempting body language, mixed messages, sexual innuendo, mesmerizing sexual teasing and withholding, deception, and various sexual bait and switch tactics. On the other hand, *snake* also creates a false non-dualism.

## **False Non-Dualism**

When the *snake* also operates from a disposition popularly known as “non-dualism” it becomes a new age non-dual perspective that says, “*I am not my body. I am not my thoughts, my feelings, my emotions, or sensations, ... only consciousness as the Self is real.*” Unfortunately, this spiritual by-pass leaves us ‘*stuck in emptiness*’ that can lead us to an even deeper wound called the *hyperfeminine* disposition. This is the topic of the Stillness as Love or By-Pass Post Graduate Course

## **The Hyperfeminine**

Hyper-feminine is a collapse of the will that is so deep we become stuck in the ‘runaway feminine.’ Runaway means that the feminine principle is operating from far out in the periphery with no anchor in the body, and no orientation to the midline, and no grounding. If the will is collapsed in the hyperfeminine disposition, we are unable to be with discomfort, we cannot face intensity, confront conflict, follow through with commitments, make difficult decisions, take a stand, or manifest our purpose in life. Rather, we are stuck in the ever-changing flow of life at the whim of each and every shift with no ground or centering in the midline.

Whether it is the hypermasculine narcissistic *misuse of will*, a false non-dual by-pass that confesses hatred of the feminine and all things body, or collapse in the hyperfeminine, it is the *snake* that effectively prevents us from realizing Wholeness. This deprives us from enjoying the Sacred Union between body, Pure Consciousness, and Universal Love, which is our fundamental birthright.

## **Fundamental Disposition**

We will practice our *disposition*: let it be, leave it as it is, and let go into open-hearted repose in ‘don’t know’ while our shadow arises. This practice will unite our consciousness with the Love inside our body while we fully identify with our shadow and its expressions, including the deepest, hidden, most feared and dreaded.

This is the gateway to *Enfleshment*: Body is Love

This class is for those who sincerely desire to realize the *Completion Stage*, which involves a thorough navigation of everything in us that prevents the descent of Consciousness into the cells of our flesh that utterly unites our body with Love.

To integrate the shadow from the *Grail Wound*, we must possess a willingness and the heart courage to fully identify with, be present to, and unite with the most deeply hidden shadow that resides in the deepest depths of the unconsciousness.

By reposing in such a disposition you will become free of the ego control that prevents the boundless evolution of your consciousness.